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Spa Showcase: T Spa at Grand Hotel Tremezzo, Italy

The newly reopened Italian haven Grand Hotel Tremezzo defines itself as "an oasis of wellness and relaxation, lakeside style."

May 3rd, 2017 | By Rachel Kossman



[Images: Courtesy of Grand Hotel Tremezzo]

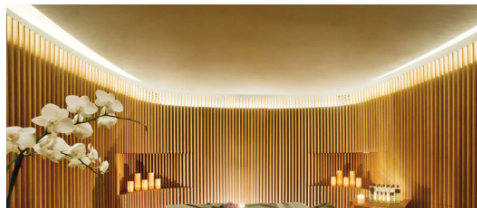
Need to Know: This newly reopened Italian haven Grand Hotel Tremezzo defines itself as "an oasis of wellness and relaxation, lakeside style." Situated within an 18th-century villa that has retained much of its original charm, T Spa began as two treatment rooms, a 15-meter infinity pool and a sundeck. In 2012, the property added the T Spa Suite, featuring a whirlpool, sauna and Turkish bath. Four years later, the spa completed an extensive expansion, and the space now includes three additional treatment rooms, a relaxation area, lavish white Lasa marble hammam, nail bar and new spa-adjacent guest suite.

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Noteworthy: The spa, which offers breathtaking views of Lake Como and its surrounding mountains, prides itself on giving guests more than just personalized, expert treatments. "That is, after all, what you expect to find at any world-class spa," says spa manager Martina Zecca. "At T Spa we want our clients to leave with something more: a deep and authentic sense of place, history and genuine passion." And this, explains Zecca, is the reason the facility sees so many repeat clientele.





Signature Services: T Spa's menu features three signature rituals (each 110 min./\$253): the Lake Como Relaxing Ritual, the Grand Garden Ritual and the Ultimate Hammam Ritual. The Lake Como Relaxing Ritual features a scrub of lemongrass, lime and thyme—all local to the Tremezzina region—plus a foot ritual, muslin-wrapped herbal infusions, full-body rubdown and scalp massage. Inspired by the hotel garden's fragrant flowers, the Grand Garden Ritual is an aromatherapy experience centered on ESPA's neroli, lavender and rose geranium body and facial products. The Ultimate Hammam Ritual enables guests to bask in the hammam and take advantage of the suite's steam room, sauna, rain shower and soaking tub.

—by *Rachel Kossman*



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